

#WoWTalk Cafés

Group conversations designed to help people work together to build protective and promotive factors.



Protective/promotive factors include:

- Resilience
- Supportive social connections
- Social-emotional competence
- And more!

Cafés last about 90-minutes, have an informal setting, and food is provided (for in-person only).

Cafés are for:

Youth and young adults will receive information they need to be more successful as they transition into adulthood.

Parents will receive education about raising resilient, thriving families.

McMillen Health is a health education organization in Fort Wayne, IN, founded in 1981. **We provide engaging, vital, effective health education to students of all ages, abilities, and backgrounds, nationally and internationally.**

Gift card incentives will be offered ranging from \$25-\$100 based on the number of cafés attended.



NOW SCHEDULING
in Blackford, Elkhart,
and Jay Counties!



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