

Botvin *LifeSkills Training (LST)*

from McMillen Health

LST High School - 9th and 10th grade

Students will learn to navigate the challenges of high school and to be better prepared for independence in this 10-session curriculum.

LST Transitions - 11th and 12th grade

Students will learn to navigate the transition into the workforce and/or higher education in this 6-session curriculum.

Curricula Outcomes:

- 1 Personal Self-Management
- 2 General Social Skills
- 3 Drug Resistance Skills



We can connect to your students **in the class and in their homes!** We have professional, virtual teaching theaters and can connect live with up to 400 devices in each session.



Our health educators can also travel **up to 150 miles from our location to teach at your site.**

Learn more about us at mcmillenhealth.org



FREE programming in
Blackford, Elkhart, and Jay
Counties – **schedule today!**